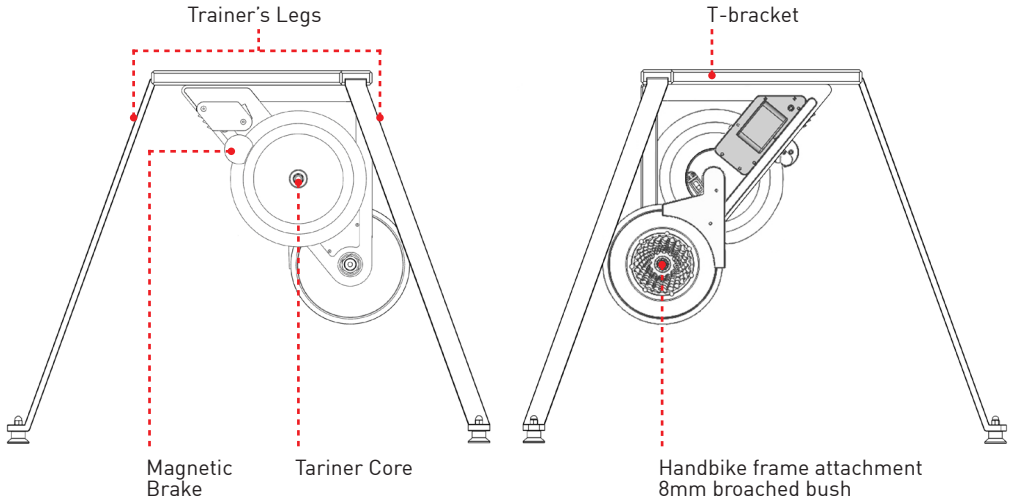
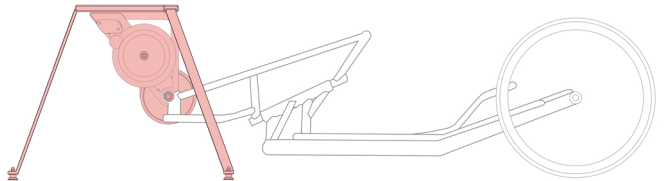




OVERVIEW AND SETTINGS



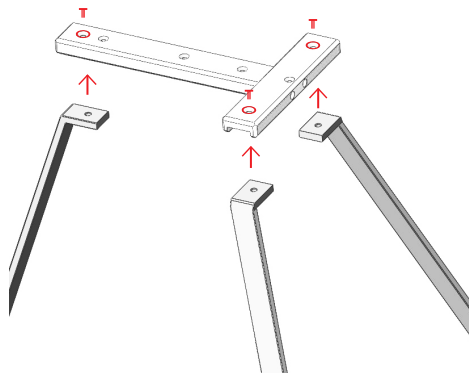
MagneticDays is the one and only worldwide brand that produces **MD J-HAND BIKE**, the best scientific smart trainer for cyclists who have various disabilities, with the goal to optimize wellness and performance.



APPLICATION

ASSEMBLY SUPPORT

- Assemble the 3 legs of the support to the T-bracket, using the 3 screws supplied. It's necessary to use a **6 mm allen wrench**.
- Connect the structure to the frame of the smart trainer (triangle base upwards). Align the 4 holes provided in the bracket and in the frame and fix the two elements with the screws provided. It's necessary to use a **5 mm allen key**.
- Once the structure is assembled, make sure the connection screws are tightened correctly.



HANDBIKE CONNECTION

- Remove the front wheel from the handbike
- Train the grafting bushing in the center of the sprocket set of the trainer, using a **8 mm allen wrench**. Insert the anterior fork in the trainer, once positioned correctly the transmission chain tighten the bushing to stabilize the training station.

