

OVERVIEW AND SETTINGS

To replace the sprocket set it is necessary to use an **18 mm POLYGONAL WRENCH**.

To facilitate the replacement operation, we recommend using the pin provided to lock the trainer to the frame. The crank and spacer allow the wrench to remain stable, and not slip during the operation.

DISASSEMBLY OF THE SPROCKET SET [1]

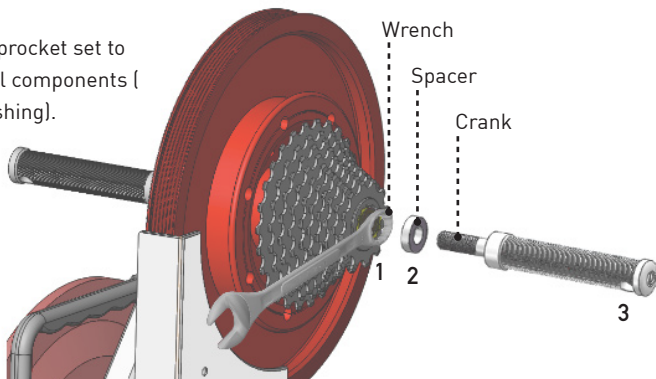
Place the polygonal wrench (1) on the main locking bolt in the middle of the sprocket set.

Insert a spacer (2) into the crank (3) and screw it into the bottom bracket until the spanner is locked in place.

Unlock the package by turning the wrench anti-clockwise (downwards).

COMPONENT REPLACEMENT

Unscrew the crank and remove the sprocket set to be replaced, taking care to remove all components (cassette, locking bolt and central bushing).





COMPONENT REPLACEMENT

Insert the new sprocket set (with all its components), and manually tighten the locking bolt.

MOUNTING NEW CASSETTE [2]

Repeat the unlocking sequence to secure the replaced part: position the polygonal wrench and screw the crank with the spacer into the central unit.

Turn the spanner clockwise (upwards) until the sprocket set is locked.

Remove the crank and the wrench.

