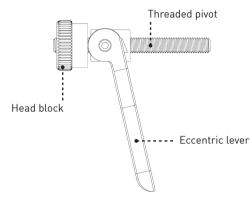
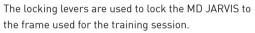


OVERVIEW AND SETTINGS

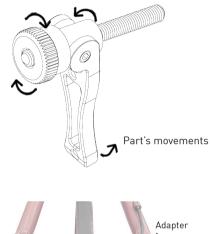


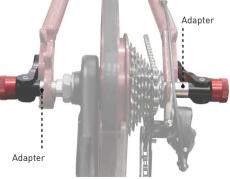


The system is supplied with a set of adapters, which allow the selection of the most suitable combination for the bike used (rear fork width).



To ensure that the lock is stable and functions properly, adjust the cylindrical head so that the center pin doesn't protrude too far from the exit hole.









ASSEMBLY PHASES

WHEEL DISASSEMBLY

Remove the rear wheel of the bike, and releasing the chain from the sprocket set.

APPLICATION TO THE TRAINER

Replace MD JARVIS on the rear wheel by aligning the bottom bracket of the platform with the rear fork.

Screw (insert adapters if necessary) the threaded pin into the bottom bracket to lock the bike in position.

CRANK BLOCK

Turn the eccentric lever until the fork is locked.

Adjust the position of the lever relative to the frame (1) by turning the cylindrical head.

Lock the system by pushing the lever (2) inwards (towards the trainer).

